

# RHONDA "RIDGEHAND" ALEXANDER



RRKC  
(Rhonda "Ridgehand" Karate Circuit)

32<sup>st</sup> ANNUAL

## KARATE CHAMPIONSHIP

April 1, 2017 - TIME: 9:00 A.M.

BREMEN SPORTS & SENIOR COMPLEX

417 Pine Street, Bremen, Ga. 30110

Phone: 678-232-1672



www.wendyalex5565@yahoo.com

www.rhondaridgehandkarate.com



**Saturday**

Spectators: \$10.00

Competitors: \$45.00 1<sup>st</sup> event (Open to all styles)

Pre-Register - Save Money

Your registration form must be postmarked by **March 27, 2017**

\$35.00 for one event - \$5. for each additional

FIGHTING( ) FORMS( ) WEAPONS( ) MUSICALS( ) BREAKING( ) Continuous Fighting( )

Circle One: White/Yellow Green/Blue Red/Brown Black Belt

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthday: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Your Karate School: \_\_\_\_\_ Karate School Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**WAIVER AND RELEASE OF LIABILITY**

In consideration of the promoters' permission and acceptance granted to the competitors to participate in this event, I hereby assume all risks arising from said tournament and hereby release the director of this event, The owner, Rhonda "Ridgehand" Alexander, Agent, Employees, Mt. Zion School System and volunteer workers' any demands that I, my heirs, executors, administrators, and assigns may have against all parties, for all personal injuries known or unknown which the competitor may incur in this event.  
 I understand that Karate competition involves significant and substantial physical contact between participants and the competitor may receive injuries as a result. I have read and understand this release and understand and agree to all of its terms.  
 I agree to the rules of the event and will make myself knowledgeable of NASKA rules for karate competition and agree to abide by said rules.

Signature of the competitor \_\_\_\_\_ Date \_\_\_\_\_  
 Parent or Guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_  
 Email \_\_\_\_\_

Send Pre-Registration To: Rhonda Alexander, P.O.Box 395 Bremen Ga. 30110

Grand Champion Children's Division Total Points)	Grand Champion Adult Underbelt divisions (Total Points)
Men's Black Belt Super Lt. Wt. Men's Black Belt Lt. Wt. Men's Black Belt Mid Wt.	Women's Black Belt Exec. Lt. Wt. Women's Black Belt Exec. Hwy. Wt.
Men's Black Belt Lt. Hwy. Wt. Men's Black Belt Hwy. Wt.	Women's Black Belt Forms Open Women's Black Belt Forms Trad. Women's Black Belt Weapons Women's Exec. Black Belt Forms
Executive Black Belt Lt. Wt. Executive Black Belt Hwy. Wt.	Men's Black Belt Forms Open Men's Black Belt Forms Traditional Men's Executive Black Belt Forms Black Belt Weapons Black Belt Soft Style
Senior Black Belt Lt. Wt. Senior Black Belt Hwy. Wt.	
Women's Black Belt Lt. Wt. Women's Black Belt Hwy. Wt.	
Youth Black Belt _____ Grand champion 17 & Under - Underbelt _____ Grand champion Women Underbelt _____ Grand champion Men Underbelt _____ Grand champion	

Using your GPS/Navigation System  
 Enter "Pine Street, Bremen, GA" into your GPS/Navigation System; "not" our physical address, as it will not recognize our physical address. The directions your GPS/Navigation System gives you after entering "Pine Street, Bremen, GA" will bring you directly into our park. Pine Street is approximately 200 yards long, running directly into our park.

Directions to Bremen Sports Complex  
 I-20 WEST: take exit 11 turn right, at the first red light turn right. Go approximately 2 miles, then at the red light turn right (Hwy. 78.) Go approximately 1/2 mile turn left (at the underpass), turn at the first road on right. Follow signs.  
 ROME: Take Hwy. 27 South to Hwy. 78. Take 78 East, go approximately 2-1/2 miles turn left (at the underpass), turn first road on right, follow signs.

- Grand Championship Fighting Men Executive
- Grand Championship Fighting Women
- Grand Championship Adult Kata
- New Division - Specialty Division -Continuance Fighting -
- Grand Championship Youth Black Belt Kata
- Grand Championship Men 18+Sparring
- New Division Lil' Dragon 5 yrs & under Boys & Girl's



<p><b>ADVISORS:</b>                  Rhonda Alexander, Sterling Moore, Tony Young, Roger Chatham, Charles Calhoun, Ron Street, Gerid Bush, Debbie Wolfenberger, Ralph "Hurricane" Carter, Dwight McKnight, Malik Alexander, Perry Huggins, Debbie Williams, Marcel Lazenby, Anthony "Suprioc" Cromer, Ebony Loflin, and Lilton Baker</p>	<p><b>RING COORDINATORS:</b>                  Charles Fears, Larry and Billy Robinson, Keith Chatham, Clarence Reeve, Bai Hines, Larry Ween, Larry Hines, Rodney Leonard, Ricky Murray, Durk Bryant, Malik Alexander, Carrell Smith, Chris Maxwell, Billy D. David Burgess, Arthur Ferguson, Mr. and Mrs. Ronald Frazier Sr., Paula and Danny Henry, Al-Qawi Alexander, and Jeremiah McMichael.</p>
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\*Four or more competitors have to be in your division in order to compete for money in Grand Champions\*

# RHONDA "RIDGEHAND" ALEXANDER'S

## 32<sup>nd</sup> Annual Karate Championship - Open to all styles

**REGISTRATION :** 8:00 a.m. until start of your division  
\$5.00 late charge after 10.00 a.m.

**BLACK BELT MEETING :** 8:30 a.m. SHARP

**ENTRY FEE:** Pre-Registered \$35.00 one event \$5. each exte event  
At the door \$45.00 one even \$10. each exte even

**SPECTATORS: \$10.00**

**No Checks Will Be Accepted On The Day Of The Event**

**Light contact rules will be strictly enforced. Illegal targets are throat, back of neck, joints, all areas below the belt. All matches 2 minutes of 5 points. Soft type safety mandtory in ll divisions. Fill uniforms must be worn (no T-shirts please). Groin cups ad in all male fighting divisions. Mouthpieces strongly recommended. Fighting ns will be required to wear headgear. ( Headgear will be available if needed).**

**AWARDS: First through Third Place in all Divisions**

**BUSINESS MANAGER: Rhonda Alexander**

**TOURNAMENT COORDINATOR: Edward Hogan**

**TOURNAMENT PROMOTER: Rhonda Alexander**  
P.O. Box 395  
Bremen, Ga. 30110  
878-232-1672

**HOTEL ACCOMMODATIONS: Travelodge Hampton Inn**

### SCHEDULE OF EVENTS

Registration begins at..... 8:00 a.m.  
Weapons..... 9:00 a.m.  
Classes 3 - 5 Divisions..... After Weapons

## DIVISIONS

— Over 150 Divisions —

### J.R. UNDERBELT DIVISION

#### Jr Underbelt Weapons

9 yrs. & Under Beginner  
9 yrs. & Under Intermediate  
9 yrs. & Under Advanced  
10 - 13 yrs. Beginner  
10 - 13 yrs. Intermediate  
10 - 13 yrs. Advanced  
14 - 17 yrs. Beginner  
14 - 17 yrs. Intermediate  
14 - 17 yrs. Advanced

#### Jr Underbelt Forms

5 yrs. & Under Beginner  
5 yrs. & Under Intermediate  
6 yrs. Beginner  
6 yrs. Intermediate  
6 yrs. Advanced  
7 yrs. Beginner  
7 yrs. Intermediate  
7 yrs. Advanced  
8 yrs. Beginner  
8 yrs. Intermediate  
8 yrs. Advanced  
9 yrs. Beginner  
9 yrs. Intermediate  
9 yrs. Advanced  
10 - 11 yrs. Beginner  
10 - 11 yrs. Intermediate  
10 - 11 yrs. Advanced  
12 - 13 yrs. Beginner  
12 - 13 yrs. Intermediate  
14 - 15 yrs. Beginner  
14 - 15 yrs. Intermediate  
14 - 15 yrs. Advanced  
16 - 17 yrs. Beginner  
16 - 17 yrs. Intermediate  
16 - 17 yrs. Advanced

#### Jr Underbelt Fighting

5 yrs. & Under Beginner B/G  
5 yrs. & Under Intermediate B/G  
6 yrs. Beginner B/G  
6 yrs. Intermediate B/G  
6 yrs. Advanced B/G  
7 yrs. Beginner B/G  
7 yrs. Intermediate B/G  
7 yrs. Advanced B/G  
8 yrs. Beginner Boys  
8 yrs. Intermediate Boys  
8 yrs. Advanced Boys  
8 - 9 yrs. Beginner Girls  
8 - 9 yrs. Intermediate Girls  
8 - 9 yrs. Advanced Girls  
9 yrs. Beginner Boys  
9 yrs. Intermediate Boys  
9 yrs. Advanced Boys  
10 - 11 yrs. Beginner Boys  
10 - 11 yrs. Intermediate Boys  
10 - 11 yrs. Advanced Boys

10 - 11 yrs. Beginner Girls  
10 - 11 yrs. Intermediate Girls  
10 - 11 yrs. Advanced Girls  
12 - 13 yrs. Beginner Boys  
12 - 13 yrs. Intermediate Boys  
12 - 13 yrs. Advanced Boys  
12 - 13 yrs. Beginner Girls  
12 - 13 yrs. Intermediate Girls  
12 - 13 yrs. Advanced Girls  
14 - 15 yrs. Beginner Boys  
14 - 15 yrs. Intermediate Boys  
14 - 15 yrs. Advanced Boys  
14 - 15 yrs. Beginner Girls  
14 - 15 yrs. Intermediate Girls  
14 - 15 yrs. Advanced Girls  
16 - 17 yrs. Beginner Boys  
16 - 17 yrs. Intermediate Boys  
16 - 17 yrs. Advanced Boys  
16 - 17 yrs. Beginner Girls  
16 - 17 yrs. Intermediate Girls  
16 - 17 yrs. Advanced Girls

### ADULT UNDERBELT DIVISIONS

#### Adult Underbelt Weapons

18 - 29 yrs. Beginner Men/Women  
18 - 29 yrs. Intermediate Men/Women  
18 - 29 yrs. Advanced Men/Women  
30 - 39 yrs. Beginner Men/Women  
30 - 39 yrs. Intermediate Men/Women  
30 - 39 yrs. Advanced Men/Women  
40 yrs. & Over All Ranks Men/Women

#### Adult Underbelt Forms

18 - 29 yrs. Beginner Men  
18 - 29 yrs. Intermediate Men  
18 - 29 yrs. Advanced Men  
18 - 29 yrs. Beginner Women  
18 - 29 yrs. Intermediate Women  
18 - 29 yrs. Advanced Women  
30 - 39 yrs. Beginner Men  
30 - 39 yrs. Intermediate Men  
30 - 39 yrs. Advanced Men  
30 - 39 yrs. Beginner Women  
30 - 39 yrs. Intermediate Women  
30 - 39 yrs. Advanced Women  
40 yrs. & Over Beginner Men  
40 yrs. & Over Advanced Men  
40 yrs. & Over Beginner Women  
40 yrs. & Over Advanced Women

#### Adult Underbelt Fighting

18 - 29 yrs. Beginner Men Lightweight  
18 - 29 yrs. Beginner Men Heavyweight  
18 - 29 yrs. Intermediate Men Lightweight  
18 - 29 yrs. Intermediate Men Heavyweight  
18 - 29 yrs. Advanced Men Lightweight  
18 - 29 yrs. Advanced Men Heavyweight  
18 - 29 yrs. Beginner Women  
18 - 29 yrs. Intermediate Women  
18 - 29 yrs. Advanced Women  
30 - 39 yrs. Beginner Men  
30 - 39 yrs. Intermediate Men  
30 - 39 yrs. Advanced Men

30 - 39 yrs. Intermediate Men  
30 - 39 yrs. Advanced Men  
30 - 39 yrs. Beginner Women  
30 - 39 yrs. Intermediate Women  
30 - 39 yrs. Advanced Women  
40 yrs. & Over Beginner Men  
40 yrs. & Over Beginner Women  
40 yrs. & Over Advanced Men  
40 yrs. & Over Advanced Women

### YOUTH BLACK BELT DIVISIONS

#### Youth Black Belt Weapons

13 yrs. & Under B/G

14 - 17 yrs. B/G

#### Youth Black Belt Forms

9 yrs. & Under B/G

10 - 11 yrs. B/G

12 - 13 yrs. B/G

14 - 15 yrs. B/G

16 - 17 yrs. B/G

#### Youth Black Belt Fighting

9 yrs. & Under B/G

10 - 11 yrs. B/G

12 - 13 yrs. Boys

14 - 15 yrs. Boys

16 - 17 yrs. Boys

12 - 13 yrs. Girls

14 - 15 yrs. Girls

16 - 17 yrs. Girls

### ADULT BLACK BELT DIVISIONS

#### Adult Black Belt Weapons

18 - 29 yrs. Men

18 - 29 yrs. Women

30 - 39 yrs. Men/Women

40 - 49 yrs. Men/Women

50 yrs. & Over Men/Women

#### Adult Black Belt Forms

18 - 29 yrs. Men

18 - 29 yrs. Women

18 yrs. & Over Open Men/Women

(music, no weapons)

30 - 39 yrs. Men

30 - 39 yrs. Women

40 - 49 yrs. Men/Women

50 yrs. & Over Men/Women

All Age Group for Kung-Fu

#### Adult Black Belt Fighting

18 - 29 yrs. Men Lightweight (164 lbs. & Under)

18 - 29 yrs. Men Middleweight (165 - 185 lbs.)

18 - 29 yrs. Men Heavyweight (181 lbs. & Over)

18 - 29 yrs. Women

30 - 39 yrs. Men Lightweight (179 lbs. & Under)

30 - 39 yrs. Men Heavyweight (180 lbs. & Over)

30 - 39 yrs. Women

40 - 49 yrs. Men (All Weights)

40 & Over Women (All Weights)

50 & Over Men (All Weights)

All Competitors Can Only Compete in 1 Weapons, 1 Form, 1 Sparring Division.