

Rhonda "Ridgehand" Alexander

RRKC
(Rhonda "Ridgehand"
Karate Circuit)

23rd ANNUAL KARATE CHAMPIONSHIP

APRIL 12, 2008 • TIME: 9:00 A.M.



BREMEN SPORTS COMPLEX

417 RIVER CIRCLE, BREMEN, GA 30110

PHONE: 770-537-3216 • 678-232-1672

SATURDAY • SPECTATORS: \$10.00
COMPETITORS: \$45.00 1st event *Open To All Styles*
DAY OF TOURNAMENT: \$10.00 each add. event



– *New Division* –

SPECIALTY DIVISION

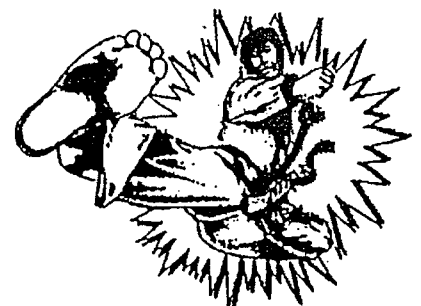
Age First – Height Second

First, Second, Third Place Awards

in All Divisions

Grand Champion and Underbelt Adults

Award For Most Supporting School



UP & COMING EVENTS

ALL FEMALE TOURNAMENT

CALL (770) 537-3216 FOR MORE INFORMATION

ADVISORS:

Rhonda Alexander, Sterling Moore, Tony Young, Roger Chatham,
Charles Calhoun, Ron Street, Gerald Bush, Debbie Wolfenbarger,
Ralph "Hurricane" Carter, Dwight McKnight, Kim Hogeland,
Perry Huggins, Debbie Williams, Marcel Lazenby,
Anthony "Supertoe" Cromer, Ebony Loftin and Lilton Baker

RING COORDINATORS:

Charles Feats, Larry and Billy Robinson, Keith Chatham, Clarence Reeve,
Bat Hines, Larry Ween, Leroy Hines, Rodney Leonard, Ricky Murray,
Durk Bryant, Scott Stephens, Carrell Smith, Chris Maxwell, Billy D,
David Burgess, Arthur Ferguson, Mr. and Mrs. Ronald Frazier Sr.,
Paula and Danny Henry, Al-Qawi Alexander, and Jeremiah McMichael

RHONDA "RIDGEHAND" ALEXANDER'S

23rd Annual Karate Championship – Open To All Styles

REGISTRATION:	8:00 a.m. until start of your division – \$5.00 late charge after 10:00 a.m.
BLACK BELT MEETING:	8:30 a.m. SHARP
ENTRY FEE:	\$45.00 for one event \$10.00 extra for each other events <i>(no checks will be accepted the day of the tournament)</i>
SPECTATORS:	\$10.00

RULES: Light contact rules will be strictly enforced. Illegal targets are: throat, back of neck, spine, joints, all areas below belt. All matches 2 minutes or 5 points! Soft type safety gear is mandatory in all divisions. Full uniforms must be worn (no T-shirts please). Groin cups required in all male fighting divisions. Mouthpieces strongly recommended. Fighting Divisions will be required to wear headgear. (Headgear will be available if needed).

AWARDS:	First through Third Place in all Divisions
BUSINESS MANAGER:	Rhonda Alexander
TOURNAMENT COORDINATOR:	Ebony Loftin
TOURNAMENT PROMOTER:	Rhonda Alexander 1141 Pacific Avenue Bremen, Georgia 30110 (770) 537-3216
HOTEL ACCOMMODATIONS:	Travelodge Hampton Inn

SCHEDULE OF EVENTS

Registration begins at	8:00 a.m.
All Weapons	9:00 a.m.
Age 3 – 5 Divisions	after Weapons

DIVISIONS

— Over 150 Divisions —

JR. UNDERBELT DIVISION

Jr. Underbelt Weapons

9 yrs. & Under Beginner
9 yrs. & Under Intermediate
9 yrs. & Under Advanced
10 – 13 yrs. Beginner
10 – 13 yrs. Intermediate
10 – 13 yrs. Advanced
14 – 17 yrs. Beginner
14 – 17 yrs. Intermediate
14 – 17 yrs. Advanced

Jr. Underbelt Forms

5 yrs. & Under Beginner
5 yrs. & Under Intermediate
6 yrs. Beginner
6 yrs. Intermediate
6 yrs. Advanced
7 yrs. Beginner
7 yrs. Intermediate
7 yrs. Advanced
8 yrs. Beginner
8 yrs. Intermediate
8 yrs. Advanced
9 yrs. Beginner
9 yrs. Intermediate
9 yrs. Advanced
10 – 11 yrs. Beginner
10 – 11 yrs. Intermediate
10 – 11 yrs. Advanced
12 – 13 yrs. Beginner
12 – 13 yrs. Intermediate
12 – 13 yrs. Advanced
14 – 15 yrs. Beginner
14 – 15 yrs. Intermediate
14 – 15 yrs. Advanced
16 – 17 yrs. Beginner
16 – 17 yrs. Intermediate
16 – 17 yrs. Advanced

Jr. Underbelt Fighting

5 yrs. & Under Beginner B/G
5 yrs. & Under Intermediate B/G
6 yrs. Beginner B/G
6 yrs. Intermediate B/G
6 yrs. Advanced B/G
7 yrs. Beginner B/G
7 yrs. Intermediate B/G
7 yrs. Advanced B/G
8 yrs. Beginner Boys
8 yrs. Intermediate Boys
8 yrs. Advanced Boys
8 – 9 yrs. Beginner Girls
8 – 9 yrs. Intermediate Girls
8 – 9 yrs. Advanced Girls
9 yrs. Beginner Boys
9 yrs. Intermediate Boys
9 yrs. Advanced Boys
10 – 11 yrs. Beginner Boys
10 – 11 yrs. Intermediate Boys
10 – 11 yrs. Advanced Boys

10 – 11 yrs. Beginner Girls
10 – 11 yrs. Intermediate Girls
10 – 11 yrs. Advanced Girls
12 – 13 yrs. Beginner Boys
12 – 13 yrs. Intermediate Boys
12 – 13 yrs. Advanced Boys
12 – 13 yrs. Beginner Girls
12 – 13 yrs. Intermediate Girls
12 – 13 yrs. Advanced Girls
14 – 15 yrs. Beginner Boys
14 – 15 yrs. Intermediate Boys
14 – 15 yrs. Advanced Boys
14 – 15 yrs. Beginner Girls
14 – 15 yrs. Intermediate Girls
14 – 15 yrs. Advanced Girls
16 – 17 yrs. Beginner Boys
16 – 17 yrs. Intermediate Boys
16 – 17 yrs. Advanced Boys
16 – 17 yrs. Beginner Girls
16 – 17 yrs. Intermediate Girls
16 – 17 yrs. Advanced Girls

ADULT UNDERBELT DIVISIONS

Adult Underbelt Weapons

18 – 29 yrs. Beginner Men/Women
18 – 29 yrs. Intermediate Men/Woman
18 – 29 yrs. Advanced Men/Women
30 – 39 yrs. Beginner Men/Women
30 – 39 yrs. Intermediate Men/Women
30 – 39 yrs. Advanced Men/Women
40 yrs. & Over All Ranks Men/Women

Adult Underbelt Forms

18 – 29 yrs. Beginner Men
18 – 29 yrs. Intermediate Men
18 – 29 yrs. Advanced Men
18 – 29 yrs. Beginner Women
18 – 29 yrs. Intermediate Women
18 – 29 yrs. Advanced Women
30 – 39 yrs. Beginner Men
30 – 39 yrs. Intermediate Men
30 – 39 yrs. Advanced Men
30 – 39 yrs. Beginner Women
30 – 39 yrs. Intermediate Women
30 – 39 yrs. Advanced Women
40 yrs. & Over Beginner Men
40 yrs. & Over Advanced Men
40 yrs. & Over Beginner Women
40 yrs. & Over Advanced Women

Adult Underbelt Fighting

18 – 29 yrs. Beginner Men Lightweight
18 – 29 yrs. Beginner Men Heavyweight
18 – 29 yrs. Intermediate Men Lightweight
18 – 29 yrs. Intermediate Men Heavyweight
18 – 29 yrs. Advanced Men Lightweight
18 – 29 yrs. Advanced Men Heavyweight
18 – 29 yrs. Beginner Women
18 – 29 yrs. Intermediate Women
18 – 29 yrs. Advanced Women
30 – 39 yrs. Beginner Men

30 – 39 yrs. Intermediate Men
30 – 39 yrs. Advanced Men
30 – 39 yrs. Beginner Women
30 – 39 yrs. Intermediate Women
30 – 39 yrs. Advanced Women
40 yrs. & Over Beginner Men
40 yrs. & Over Beginner Women
40 yrs. & Over Advanced Men
40 yrs. & Over Advanced Women

YOUTH BLACK BELT DIVISIONS

Youth Black Belt Weapons

13 yrs. & Under B/G
14 – 17 yrs. B/G

Youth Black Belt Forms

9 yrs. & Under B/G
10 – 11 yrs. B/G
12 – 13 yrs. B/G
14 – 15 yrs. B/G
16 – 17 yrs. B/G

Youth Black Belt Fighting

9 yrs. & Under B/G
10 – 11 yrs. B/G
12 – 13 yrs. Boys
14 – 15 yrs. Boys
16 – 17 yrs. Boys
12 – 13 yrs. Girls
14 – 15 yrs. Girls
16 – 17 yrs. Girls

ADULT BLACK BELT DIVISIONS

Adult Black Belt Weapons

18 – 29 yrs. Men
18 – 29 yrs. Women
30 – 39 yrs. Men/Women
40 – 49 yrs. Men/Women
50 yrs. & Over Men/Women

Adult Black Belt Forms

18 – 29 yrs. Men
18 – 29 yrs. Women
18 yrs. & Over Open Men/Women
(music, no weapons)

30 – 39 yrs. Men
30 – 39 yrs. Women
40 – 49 yrs. Men/Women
50 yrs. & Over Men/Women
All Age Group for Kung-Fu

Adult Black Belt Fighting

18 – 29 yrs. Men Lightweight (164 lbs. & Under)
18 – 29 yrs. Men Middleweight (165 – 185 lbs.)
18 – 29 yrs. Men Heavyweight (181 lbs. & Over)
18 – 29 yrs. Women
30 – 39 yrs. Men Lightweight (179 lbs. & Under)
30 – 39 yrs. Men Heavyweight (180 lbs. & Over)
30 – 39 yrs. Women
40 – 49 yrs. Men (All Weights)
40 & Over Women (All Weights)
50 & Over Men (All Weights)

All Competitors Can Only Compete in 1 Weapons, 1 Form, 1 Sparring Division.

PRE-REGISTRATION – SAVE MONEY!!!

YOUR REGISTRATION FORM MUST BE POSTMARKED MIDNIGHT APRIL 5, 2008

\$40.00 for one event – \$5 for each additional event

FIGHTING () FORMS () WEAPONS () MUSICALS () BREAKING ()

Circle One: White/Yellow Green/Blue Red/Brown Black Belt

NAME _____ AGE _____ BIRTHDAY _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

YOUR KARATE SCHOOL _____ KARATE SCHOOL ADDRESS _____

CITY _____ STATE _____ ZIP _____

WAIVER AND RELEASE OF LIABILITY

In consideration of the promoters' permission and acceptance, granted to the competitors to participate in this event, I hereby assume all risks arising from said tournament and hereby release the director of this event. The owner, Rhonda "Ridgehand" Alexander, Agent, Employees, Mt. Zion School System and Volunteer Workers' any demands that I, my heirs, executors, administrators and assignees may have against all such parties, for all personal injuries known or unknown which the competitor may incur in this event.

I understand that karate competition involves significant and substantial physical contact between participants and that the competitor may receive injuries as a result. I have read and understand this release and understand and agree to all of its items.

I agree to the rules of the event and will make myself knowledgeable of NASKA rules for karate competition and agree to abide by said rules.

Signature of Competitor _____ Date _____

Parent or Guardian if under 18 _____ Date _____

Send Pre-Registration To: Rhonda Alexander, P.O. Box 395; Bremen, GA 30110

**GRAND CHAMPION
CHILDREN'S DIVISION
(TOTAL POINTS)**

**GRAND CHAMPION ADULT
UNDERBELT DIVISIONS
(TOTAL POINTS)**

Men's Black Belt Super Lt. Wt.

Men's Black Belt Lt. Wt.

Men's Black Belt Mid. Wt.

Men's Black Belt Lt. Hvy. Wt.

Men's Black Belt Hvy. Wt.

Executive Black Belt Lt. Wt.

Executive Black Belt Hvy. Wt.

Senior Black Belt Lt. Wt.

Senior Black Belt Hvy. Wt.

Women's Black Belt Lt. Wt.

Women's Black Belt Hvy. Wt.

Women's Black Belt Exec. Lt. Wt.

Women's Black Belt Exec. Hvy. Wt.

Women's Black Belt Forms Open

Women's Black Belt Forms Trad.

Women's Black Belt Weapons

Women's Exec. Black Belt Forms

Men's Black Belt Forms Open

Men's Black Belt Forms Traditional

Men's Executive Black Belt Forms

Black Belt Weapons

Black Belt Soft Style

ONE OVERALL
GRAND
CHAMPION
FOR MEN FIGHTING

ONE OVERALL
GRAND
CHAMPION
FOR MEN AND WOMEN
FORMS

ONE OVERALL
GRAND
CHAMPION
FOR WOMEN FIGHTING

**DIRECTIONS TO
BREMEN SPORTS COMPLEX**

I-20 WEST: Take Exit 11 turn right, at the first red light turn right. Go approximately 2 miles, then at the red light turn right (Hwy. 78). Go approximately 1/2 mile turn left (at the underpass), turn at the first road thereon the right. Follow signs.

LAGRANGE/CARROLLTON: Take Hwy. 27 North. Pass under I-20 and follow directions above. Follow signs,

ROME: Take Hwy. 27 South to Hwy. 78. Take 78 East, go approximately 2-1/2 miles turn left (at the underpass), turn at the first road the on the right. Follow signs.

Youth Black Belt _____ GRAND CHAMPION

17 & Under – Underbelt _____ GRAND CHAMPION

Women Underbelt _____ GRAND CHAMPION

Men Underbelt _____ GRAND CHAMPION

Four or more competitors have to be in your division in order to compete for money in Grand Champion.